

13th NORTH WEST COUNTIES ROAD RELAYS

The County Championships of Cheshire (CH), Greater Manchester (GM), Lancashire (LA) and Merseyside (MS)
(nc = non-counting team)

At Marbury Country Park, near Northwich on Saturday 15 September 2012

Senior Men (4 x 5.4 km) (NOTE : (xx) after athlete's time is position of team at end of that leg)

- 1. Liverpool H&AC "A"** **1:06:24** **MS 1**
Harry Harper 16:45 (2); James Riley 16:35 (1); John McCole 16:53 (1); Jon Mellor 16:11 (1)
- 2. Salford H "A"** **1:07:30** **GM 1**
Dan McGrath 16:55 (6); Ben Ridell 17:41 (6); Rob Hughes 16:35 (2); Joe Bailey 16:19 (2)
- 3. Southport Waterloo "A"** **1:09:37** **MS 2**
Richard Shearer 17:21 (13); Matt Thompson 17L27 (7); James Rartt 17:20 (3); Joe Vis 17:17 (3)
- 4. Rossendale H "A"** **1:09:58** **LA 1**
Chris Fell 16:46 (4); Grant Cunliffe 17:02 (4); Rob Webb 18:54 (5); Joe Johnston 17:16 (4)
- 5. Blackburn H "A"** **1:09:59** **LA 2**
Karl Billington 17:29 (14); Chris Barnes 18:19 (16); Ben Fish 16:22 (4); Andrew Buttery 17:49 (5)
- 6. Vale Royal AC "A"** **1:10:37** **CH 1**
Chris Perry 17:02 (8); Andrew Miles 18:22 (11); Mike Vennard 17:37 (9); Stuart Doyle 17:36 (6)
- 7. Horwich RMI** **1:10:55** **n/c**
James Kavan 16:32 (1); Martin Bell 17:08 (3); David Jackson 19:04 (6); Gareth Booth 18:11 (7)
- 8. Liverpool H "B"** **1:11:19** **MS 3**
Glen Groves 18:04 (27); Alan Ashton 17:43 (15); Colin Potts 18:01 (10); Laurie Luscombe 17:31 (8)
- 9. Rochdale H "A"** **1:11:33** **GM 2**
Derek Simpson 17:59 (25); Dave Proctor 16:53 (8); Phil Bennett 19:13 (13); Phil Williams 17:28 (9)
- 10. Warrington AC "A"** **1:11:50** **CH 2**
Luke Johnston 16:59 (7); Dominic Mahon 17:15 (5); Sam Dykes 18:41 (8); Adrian Timmins 18:55 (10)
- 11. Leigh H "A"** **1:12:12** **GM 3**
Tony Battersby 17:17 (11); Liam Thompson 18:14 (12); Neil Penelberry 18:28 (12); Liam Moore 18:13 (11)
- 12. East Cheshire & Tameside "A"** **1:12:32** **GM 4**
Joe Hudak 17:54 (23); Chris Kays 17:07 (9); Patrick Gartender 17:46 (7); Jack Donnelly 19:45 (12)
- 13. Salford H "B"** **1:12:38** **GM 5**
Tony Taylor 17:39 (19); Derek Crewe 18:11 (17); Dave Lockett 18:08 (11); Howard Mead 18:40 (13)
- 14. Salford H** **1:12:42** **LA 3**
Phil Leybourne 18:46 (40); Josh Tighe 16:55 (14); Gary Penlebury 20:07 (24); Gary Priestley 16:50 (14)
- 15. Altrincham & Dist "A"** **1:12:44** **GM 6**
Michael Berks 17:52 (22); Matthew Kelly 18:15 (23); Colin Banno-Thornton 18:43 (17);
Andrew Whittingham 17:54 (16)
- 16. Blackburn H "B"** **1:12:53** **LA 4**
Zac Howe 18:03 (26); Dominic Mahoney 17:59 (20); Dominic Walton 18:27 (15); Robert Warner 18:24 (16)
- 17. Vale Royal "B"** **1:13:05** **CH 3**
Zack Bamber 17:37 (18); James Griffiths 18:14 (18); George Thompson 18:18 (14); Brian Moore 18:56 (17)
- 18. Liverpool H "D"** **1:13:55** **MS 4**
John Ashcroft 16:45 (3); Jamie Webb 18:29 (10); Nathan Brown 19:33 (16); Nzimah Akpan 19:08 (18)

- 19. Wirral AC "A"** **1:13:59** **MS 5**
Phil Robertson 18:08 (29); Andrew Gawne 18:13 (25); Joe Johnson 19:22 (23); Mark Hulmston 18:16 (19)
- 20. Penny Lane Striders "A"** **1:14:10** **MS 6**
Martin Swenson 17:19 (12); John Connolly 19:08 (27); Neil Kelly 19:56 (28); James McNally 17:47 (20)
- 21. South Cheshire H "A"** **1:14:13** **CH 4**
Henry Valentine 18:18 (31); Matt Smith 17:59 (24); Peter Mallison 18:45 (19); Nick Hackett 19:11 (21)
- 22. Wilmslow RC "A"** **1:14:27** **CH 5**
Jim Pendrill 18:19 (32); Trevor Morris 18:54 (32); Graham Macneil 18:42 (25); Malcolm Fowler 18:32 (22)
- 23. Trafford AC "A"** **1:14:41** **GM 7**
D Ansell 17:57 (24); J Prest 17:45 (13); J Iberra-Medina 19:38 (21); D Byers 19:21 (23)
- 24. Liverpool Pembroke & Sefton** **1:15:07** **LA 5**
Alistair Nelson 17:35 (17); Sean Kirkbride 18:29 (21); Kyle Nicholls 19:14 (20); Rob Land 19:51 (24)
- 25. Southport Waterloo "B"** **1:15:55** **MS 7**
Gerry Lenehan 18:24 (33); Dave Hamilton 18:18 (29); Mike Morgan 19:58 (29); Rob McGrath 19:15 (25)
- 26. Leigh H "B"** **1:15:57** **GM 8**
Tom Knellor 18:13 (30); Phil Williams 18:57 (31); John Howarth 18:54 (27); Alex Urmston 19:53 (26)
- 27. Wallasey AC** **1:16:08** **MS 8**
Greg Jones 18:34 (37); Richard Webster 19:01 (33); Anthony Barbat 19:57 (32); John Thelwell 18:36 (27)
- 28. Bury AC "A"** **1:16:29** **GM 9**
Mark Shakeshaft 17:31 (16); Luke Harreld 18:22 (19); Josh Williams 19:06 (18); Josh Taylor 21:30 (28)
- 29. Blackpool, Wyre & Fylde AC "A"** **1:16:45** **LA 6**
Luke Minns 17:11 (9); Adam Weightman 19:18 (28); Liam Craine 19:30 (26); Chris Essex-Crosby 20:46 (29)
- 30. Spectrum Striders "A"** **1:17:00** **CH 6**
Graham Houghton 18:04 (28); Chris Millington 19:40 (34); Neil Garnett 20:03 (33); Neil Crompton 19:13 (30)
- 31. Wesham RR "A"** **1:17:02** **LA 7**
Rob Danson 17:16 (10); Troy Watson 18:50 (22); Lee Barlow 19:35 (22); Alex Rowe 21:21 (31)
- 32. Salford H "C"** **1:17:07** **GM 10**
Graham Chesters 19:41 (46); Glyn Billington 18:20 (36); Graeme Grindrod 19:58 (36); Phil west 19:08 (32)
- 33. Vale Royal AC "C"** **1:17:20** **CH 7**
Josh Boyce 20:14 (49); Lewis Healey 18:06 (39); Darren Cottier 19:01 (31); Graham Miles 19:59 (33)
- 34. Salford H** **1:18:11** **nc**
Jim O'Connor 20:26 (53); Roger Alsop 18:17 (41); Paul Birkett 19:17 (37); Albert Castille 20:11 (34)
- 35. Altrincham & Dist "B"** **1:18:16** **GM 11**
Peter Abraham 19:01 (41); Duncan Wilson 19:37 (40); Adrian fuller 19:18 (35); Dave Livingstone 20:20 (35)
- 36. Blackburn H "C"** **1:18:39** **LA 8**
Matt Nuttall 18:29 (36); Mark Almond 19:46 (37); Danny Maynard 20:17 (38); Steve Foley 20:07 (36)
- 37. Eat Cheshire & Tameside "B"** **1:19:23** **GM 12**
James Mottershead 19:06 (42); Gary Matthews 18:48 (35); Phil Jacques 18:01 (34); John Bowker 23:28 (37)
- 38. Macclesfield H** **1:19:51** **nc**
James Noakes 17:31 (15); Keith Mullholland 21:32 (43); Steve Lomas 22:39 (50); Mark walker 18:09 (38)
- 39. Wilmslow RC "B"** **1:19:53** **CH 8**
Andrew Whittingham 18:44 (39); Graham Screawn 20:34 (44); Barry Archbold 20:04 (40); Ray Eagle 20:31 (39)
- 40. Southport Waterloo "C"** **1:19:55** **MS 9**
Peacock 21:24 (63); Dunn 19:50 (54); Clansey 19:51 (45); Goddard 18:50 (40)

- 41. Rossendale H "B"** **1:20:00** **LA 9**
 Danny Walsh 19:29 (43); Anthony Dalton 18:49 (38); Brian Bradshaw 21:00 (39); Steve Duxbury 20:42 (41)
- 42. West Cheshire AC** **1:20:06** **CH 9**
 Andrew Clague 19:56 (48); Mark Davies 18:45 (46); Chris Smith 21:51 (49); Dave Alexander 18:34 (42)
- 43. Wilmslow RC** **1:21:23** **nc**
 Rob Downs 17:44 (20); Paul Garnett 21:04 (42); Rob Gilbert 21:13 (42); Andy watts 21:22 (43)
- 44. Altrincham & Dist "C"** **1:21:26** **GM 13**
 Graham Harrison 20:51 (58); Matt Billingham 20:18 (52); Andy Pickford 20:08 (47); Steve Renny 20:09 (44)
- 45. Penny Lane Striders "B"** **1:21:41** **MS 10**
 Dave Lovatt 20:42 (55); Lyndon Easthope 20:28 (53); Derek Ashcroft 20:46 (52); Nigel Grant 19:45 (45)
- 46. Leigh H "C"** **1:21:56** **GM 14**
 Martin Jones 20:21 (52); Jamie Hunter 19:59 (48); John Indricks 20:00 (43); Duncan McCasick 21:36 (46)
- 47. Liverpool Pembroke & Sefton "A"** **1:22:07** **MS 11**
 Warren Turner 19:49 (47); Greg Callaghan 20:10 (47); Matt Thompson 19:33 (41); Robbie Wood 22:35 (47)
- 48. Vale Royal "D"** **1:22:17** **CH 10**
 John Thompson 20:15 (50); Tony Archer 21:01 (55); Scott Bamber 20:09 (48); Tom Annable 20:52 (48)
- 49. Liverpool H "C"** **1:22:55** **MS 12**
 Luke Towers 17:48 (21); Lee Midghall 19:18 (30); Sion Williams 19:47 (30); Patrick Henley 26:02 (49)
- 50. Spectrum Striders "B"** **1:23:00** **CH 11**
 Chris Dawson 20:34 (54); Phil Daintith 21:10 (56); Julian Spencer 20:24 (53); Ian Bamber 20:52 (50)
- 51. Rochdale H "B"** **1:23:12** **GM 15**
 Ian Stainthorpe 21:28 (66); Nick Barton 20:49 (61); Brian Moore 21:39 (59); Ian Roberts 19:16 (51)
- 52. St Helens Sutton "A"** **1:23:16** **MS 13**
 Jamie White 18:27 (35); Jake Healey 22:06 (49); Andy O'Connor 21:21 (51); Ian White 21:22 (52)
- 53. Lytham St Annes "A"** **1:23:31** **LA 10**
 Terry Hellings 22:10 (72); Thomas Howarth 19:51 (60); Steve Quarmby 21:19 (57); Graham Webster 20:11 (53)
- 54. Leigh H "D"** **1:23:50** **GM -16**
 Alex Urmston 21:39 (68); Jimmy Cooke 21:18 (64); Adam Howarth 20:41 (58); Tom Hendon 20:12 (54)
- 55. Wesham RR "B"** **1:24:13** **LA 11**
 John Bertenshaw 21:27 (65); Alan Glasgow 22:06 (66); John Collier 20:48 (60); Gary De Banke 19:52 (55)
- 56. Salford H "D"** **1:24:24** **GM 17**
 Callun Corneille 21:14 (63); Sean Cordell 20:43 (59); Stan Curran 21:23 (56); Russ Derbyshire 21:04 (56)
- 57. Wirral AC "B"** **1:24:33** **MS 14**
 Peter Scarrett 18:41 (38); Roanan Kearney 20:56 (45); Peter Kilgallon 21:34 (46); Nigel Pratten 23:22 (57)
- 58. Manchester H** **1:24:53** **GM 18**
 David Henshaw 22:17 (73); Andy Parsonage 22:16 (69); Liam Bartlett 21:59 (63); Ed Fazakerley 18:21 (58)
- 59. Spectrum Striders "C"** **1:25:12** **CH 12**
 Karl Steinegger 19:30 (44); Scott Liddell 21:13 (50); Kenny Forster 21:45 (54); Andy Garnett 22:44 (59)
- 60. Bury AC "B"** **1:25:27** **GM 19**
 Les Smalley 20:50 (57); Dace Cole 19:55 (51); Simon Wootton 19:48 (44); Nigel Brady 24:54 (60)
- 61. South Cheshire H "B"** **1:26:31** **CH 13**
 Tony Wardle 21:44 (70); Simon walker 23:08 (70); Rob Valentine 21:16 (61); Sean Dryer 20:23 (61)
- 62. Salford H "E"** **1:29:22** **GM 20**
 Mike Wakefield 21:09 (61); Dave Shaw 21:22 (62); Steve Jones 21:40 (62); Ron Warrender 23:11 (62)

63. Hyndburn AC	1:30:49	LA 12
Nick Hutchinson 24:11 (76); Stephen Sumner 23:48 (73); Jacob Boyle 19:39 (66); Jason Conchie 23:11 (63)		
64. Penny Lane Striders "C"	1:31:15	MS 15
Rod Hardwick 22:37 (74); Dave Lynan 23:47 (72); Andy Kealey 23:36 (70); Dean Connolly 21:15 (64)		
65. Blackpool Wyre & Fylde "B"	1:31:34	LA 13
Gary Johnston 22:03 (71); Derek Crane 23:08 (71); Nick Hume 23:19 (67); Reg Smallbone 23:04 (65)		
66. Blackburn H "D"	1:33:15	LA 14
Allan Hartley 21:04 (59); Richard Taylor 23:16 (68); John Cookson 23:00 (65); Chris Fay 25:55 (66)		
67. Vale Royal "E"	1:33:20	CH 14
Dave Shepherd 20:18 (51); John Clarke 22:18 (63); Richard Pettitt 23:58 (64); Paul Hudson 26:46 (67)		
68. Spectrum Striders "D"	1:33:25	CH 15
Graham Driver 21:43 (69); Brad Ehlen 22:03 (67); Neville Griffiths 25:32 (69); Guy Lambert 24:07 (68)		
69. Salford H "F"	1:37:07	GM 21
Vin Murphy 24:23 (77); Tommy Daniels 23:49 (75); Roland Bowness 24:40 (72); Sid Sacks 24:15 (69)		
70. Penny Lane Striders "D"	1:38:12	MS 16
Eamonn Brady 24:27 (78); Graham Hussey 23:41 (74); Greg Hocking 23:48 (71); Tommy Burke 26:16 (70)		
71. Blackpool Wyre & Fylde "C"	1:46:41	LA 15
Norman Greenwood 30:19 (79); Terry westhead 24:20 (77); John Winters 27:25 (74); Alan Wilkinson 24:37 (71)		
72. Lytham St Annes "B"	1:49:21	LA 16
Roy Stevens 23:49 (75); Greg Oulton 26:28 (76); Bill Lock 28:18 (73); Andrew Sneddon 30:46 (72)		

Incomplete teams:

Trafford		GM
G Woodcock 20:45 (56); M Evans 21:03 (57); E Hickling 21:25 (55)		
St Helens Sutton "B"		MS
Maurice Collins 21:06 (60); Ian Hayburn 20:46 (58); Stan Erlam 27:13 (68)		
Sale H Manchester		CH
Simon Mills 18:26 (34); Michael Kilmartin 17:57 (26)		
Liverpool Pembroke Sefton "B"		MS
Kevin Carroll 21:29 (67); Mark Bleasdale 21:43 (65)		
Warrington AC "B"		CH
Paul Dodsworth 19:33 (45)		
Wilmslow RC "C"		CH
Nick Bishop 21:13 (62)		
Ineligible (Liverpool H)		CH
R Challinor 16:48 (5); D Mountford 16:37 (2); R Challinor 17:23; D Mountford 16:55		

Under 17 Men 3 x 5.4 km

1. Liverpool H "A"	52:08	MS 1
Matthew Wigelsworth 17:26 (4); Abdulqani Sharif 18:02 (1); Matthew Shirling 16:40 (1)		
2. Preston H "A"	53:23	LA 1
Patrick Dever 17:15 (1); Elliot Roberts 18:18 (2); Jamaine Colman 17:50 (2)		
3. Vale Royal "A"	55:12	CH 1
Matt Sheen 17:22 (3); Dan Morrison 19:04 (3); Sam Whitehead 18:46 (3)		

4. Liverpool H "B"	55:22	MS 2
Kristian Quinn 18:48 (12); Callum Grant 18:33 (5); Owen Sharp 18:01 (4)		
5. Liverpool H "C"	56:44	MS 3
Daniel Jarvis 17:36 (5); Lee Dobson 19:22 (4); Chris Manning 19:46 (5)		
6. Wirral AC "A"	57:28	MS 4
Richard Evans 17:21 (2); Chris White 20:00 (6); Kieran Morgan 20:07 (6)		
7. Preston H "B"	58:18	LA 2
Sandy Kelly 18:41 (11); Daniel Whitlock 19:45 (9); Luke Penswick 19:52 (7)		
8. Warrington AC "A"	58:45	CH 2
Cameron Field 17:59 (6); Liam Burthem 22:13 (11); Chris Fance 19:33 (8)		
9. Bury AC	58:55	GM 1
Nathan Millican 19:58 (17); Ben Heywood 19:59 (15); Jack Brown 18:58 (9)		
10. Blackburn H	59:15	LA 3
Jack Hindle 18:54 (14); Robert Wong 20:22 (12); Joseph Howe 19:59 (10)		
11. Vale Royal AC "B"	59:24	CH 3
Patrick Stradling 19:49 (16); Luke Cockerton 20:08 (14); Ben McIntosh 19:27 (11)		
12. Southport Waterloo "A"	1:01:07	MS 5
Andrew Kershaw 18:36 (9); Jonathan Foster 19:45 (8); Gary Clark 22:46 (12)		
13. Rossendale H	1:01:27	LA 4
Matthew Harris 18:39 (10); Robert Savage 21:27 (16); Alton Fowley 21:21 (13)		
14. Stockport H "A"	1:02:03	GM 2
Joe Arden 18:28 (8); Rob Ward 20:16 (10); Tom Dent 23:19 (14)		
15. East Cheshire "A"	1:03:08	GM 3
Tom McGuinness 20:59 (18); Adam Hoyles 20:43 (17); Max Hobson 21:26 (15)		
16. Preston H "C"	1:04:51	LA 5
Dougie Ashcroft 22:06 (19); Sam Williams 20:45 (18); Aidan Bermingham 22:00 (16)		

Incomplete teams

Stockport H		nc
Kevin Acton 18:05 (7); Simon Chadwick 19:52 (7)		
Pendle AC		LA
Matt Dutton 19:01 (15); Josh Ingham 20:35 (13)		
Vale Royal "C"		CH
Tim Morris 18:50 (13);		
West Cheshire		CH
Niall Harrison 23:17 (20)		

Under 15 Boys 3 x 2.7 km

1. Warrington AC	26:43	CH 1
Daniel Evans 8:33 (1); Leighton Sharman 9:18 (1); Robert Dykes 8:52 (1)		
2. Preston H "A"	26:59	LA 1
Chris Durney 8:48 (2); Andy Moffatt 9:25 (4); Fabrice Lisella 8:46 (2)		

3. Manchester H	27:27	GM 1
Donnacha Maguire 9:01 (4); Sam Tarry 9:08 (3); Thomas Taylor 9:16 (3)		
4. Liverpool H "A"	27:45	MS 1
Tom Clarke 8:53 (3); Tom Rogerson 9:14 (2); Christian Woods 9:38 (4)		
5. Vale Royal AC "A"	27:48	CH 2
Will Parsons 9:20 (9); Will Nowell 9:10 (5); Matt Rowlinson 9:18 (5)		
6. Stockport H "A"	28:06	GM 2
Shay Ward 9:19 (8); Jay Wood 9:22 (7); Jay Hornby 9:25 (6)		
7. East Cheshire & Tameside "A"	28:12	GM 3
Luke Piper 9:10 (5); George Lewis 9:23 (6); Patrick O'Brien 9:39 (7)		
8. Pendle AC "A"	28:20	LA 2
Matt Barnes 9:11 (6); Tiarnan Crokken 9:37 (8); James Marchant 9:32 (8)		
9. Crewe & Nantwich "A"	28:30	CH 3
Josh Betteley 9:14 (7); Fred Dobberson 10:01 (12); Jacob Brown 9:15 (9)		
10. West Cheshire	28:46	CH 4
Zack Holland 9:29 (15); Cameron Weaver 9:24 (10); Chris Harrop 9:53 (10)		
11. Preston H "B"	29:17	LA 3
Robert Bryning 9:33 (16); Ethan Darr 9:53 (14); Paul Blezard 9:51 (11)		
12. St Helens Sutton	29:35	MS 2
James Lee 9:23 (11); Adam Woosey 9:34 (11); Joe Hill 10:38 (12)		
13. Blackburn H	29:45	LA 4
Byron Abbott 9:27 (12); Thomas Harbour 9:24 (9); Sam Charnley 10:54 (13)		
14. Liverpool H "B"	29:50	MS 3
Ryan Doubtfire 9:23 (10); Elliott Colman 10:14 (15); Sean Keyes 10:13 (14)		
15. Rossendale H	30:01	LA 2
Marcus Preedy 9:40 (18); Troy Nuttall 10:20 (16); Conner Richardson 10:01 (15)		
16. Southport Waterloo	30:11	MS 4
Tom Shearer 9:39 (17); Harry Peacock 10:57 (18); Jack Lenahan 9:35 (16)		
17. Pendle AC "B"	30:11	LA 3
Thomas Marchant 9:28 (13); Morgan Ratcliffe 9:56 (13); Matthew Burrows 10:47 (17)		
18. Wirral AC "A"	31:08	MS 5
Mike Smith 9:28 (14); George Patterson 11:27 (19); Alex McBain 10:13 (18)		
19. East Cheshire & Tameside "B"	32:59	GM 4
Ramel Walker 11:12 (21); Dillon Cooper 10:34 (20); Elliott Buckley 11:13 (19)		
20. Wirral AC "B"	33:10	MS 6
Harry Das 11:40 (22); David Jamieson 11:03 (21); Callum Seymour 10:27 (20)		
21. Horwich RMI	37:22	GM 5
Jonathan Powis 10:45 (20); Daniel Rowe 13:58 (22); Luke Massey 12:39 (21)		
Incomplete teams :		
Warrington AC "B"		CH
Lewis Poole 9:50 (19); Fraser Pringle 10:19 (17)		

Under 13 Boys 3 x 2.7 km

1. Preston H	29:16	LA 1
Dean Tierney 9:17 (1); George Ashcroft 10:12 (2); Adam Roberts 9:47 (1)		
2. Vale Royal AC "A"	29:22	CH 1
Josh Hinchley 9:38 (4); Sam Coleman 10:12 (3); Robert Weir 9:32 (2)		
3. Warrington AC "A"	29:32	CH 2
Luke Gamble 9:36 (3); Daniel Fox 9:49 (1); Sam Rostron 10:07 (3)		
4. Bury AC	29:37	GM 1
Sam Brooks 10:02 (12); George Yates 10:07 (6); Marcus Dey 9:28 (4)		
5. Wirral AC "A"	29:37	MS 1
Ieuan Kearney 9:43 (6); Arran Kearney 10:13 (4); Joe Wigfield 9:41 (5)		
6. Manchester H	30:44	GM 2
Connor Fazakerley 10:01 (10); Ben Skerchly 10:21 (8); Matty Fox 10:22 (6)		
7. West Cheshire "A"	31:06	CH 3
Christy Mageean 9:29 (2); Sam Grinter 10:42 (7); Curtis Rodway 10:55 (7)		
8. Pendle AC "A"	31:10	LA 2
Kai Atkins 9:49 (7); Jacob van-Geffen 10:44 (9); Gregan Baker 10:37 (8)		
9. Trafford AC "A"	31:22	GM 3
Colin Daly 9:40 (5); Mikey Kingston 10:25 (5); Xavier O'Hare 11:17 (9)		
10. Crewe & Nantwich "A"	31:25	CH 4
Jack Soulsby 10:39 (19); Jack Williamson 10:41 (14); William Kesteven 10:05 (10)		
11. Leigh H "B"	31:29	GM 4
Ben McLaughlin 10:23 (15); Ethan Jones 10:32 (11); Calum Smith 10:34 (11)		
12. Wirral AC "B"	31:36	MS 2
Sam Cross 10:34 (18); Jacob Brophy 10:51 (16); Daniel Evans 10:11 (12)		
13. Rossendale H	31:53	LA 3
Ethan Radcliffe 10:02 (11); Harley Place 11:07 (12); Elliot Snape 10:44 (13)		
14. East Cheshire & Tameside AC	32:01	GM 5
Ethan Hartshorne 11:21 (26); Ben Lanagan 10:09 (18); Jack Thomas 10:31 (14)		
15. Wirral AC "C"	32:14	MS 3
Patrick Delaney 10:25 (16); Jonathan Head 10:58 (15); Sam Tempest 10:51 (15)		
16. St Helens Sutton "A"	32:18	MS 4
James Mackell 10:21 (14); Joe Ford 10:22 (10); Ben Oldham 11:35 (16)		
17. Halton & Frodsham	32:34	CH 5
Chris Larkin 9:56 (8); Luke Southerton 11:18 (13); James Ennis 11:20 (17)		
18. Warrington AC "B"	32:36	CH 6
Jack Stubbins 10:00 (9); James Dykes 11:25 (17); Alex Crawley 11:11 (18)		
19. Blackburn H	33:16	LA 4
Kristian McInery 10:46 (21); Jacob Roberts 11:04 (19); Rhys Charnley 11:26 (19)		
20. Vale Royal "B"	33:23	CH 7
John Humphries 10:44 (20); Luke Mills 11:15 (20); Alex Doyle 11:24 (20)		

21. West Cheshire "B"	33:33	CH 8
Jac Goodall 10:54 (23); Thomas Harrop 11:09 (22); Harrison Brittan 11:30 (21)		
22. Crewe & Nantwich "B"	33:40	CH 9
Jordan Sides 10:52 (22); Harry Dobberson 11:09 (21); Joe Bennett 11:39 (22)		
23. Southport Waterloo	34:15	MS 5
Joe Manning 11:11 (25); Matty Howarth 12:29 (27); Kieran Vis 10:35 (23)		
24. Liverpool H "A"	34:20	MS 6
Josh Lowe 12:00 (27); Daniel Preston 11:05 (25); Jay Prescott 11:15 (24)		
25. Pendle AC "B"	36:31	LA 5
Joe Lonsdale 10:28 (17); Spencer Phelan 12:58 (26); Harvey van Geffen 13:05 (25)		
26. St Helens Sutton "B"	37:18	MS 7
Connor Whalley 11:04 (24); Anthony walker 11:44 (24); Peter Davis 14:30 (26)		
Incomplete teams :		
Leigh H "A"		GM
Joseph Ware 10:18 (13); Shea Mellor 12:22 (23)		
West Cheshire "C"		CH
Rory Willson 13:19 (28)		

Acknowledgements to :

Cheshire West and Chester Council for the use of Marbury Park and the assistance of the Head Ranger

Cheshire Constabulary

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Vale Royal AC for local organisation and setting out the course, marshalling and controlling car parking

Officials from Cheshire, Merseyside and Greater Manchester for their services on the day.

Alison Lysons who agreed to act as entry secretary for the event.

NOTE that the results of the Ladies and Girls start on the next page.

LOST PROPERTY : a set of "ladies gear" was left in a bag
Also a pair of coloured wellington boots

These are held by Bob Lynch of Macclesfield so please contact him if they are yours :
Pauline_lynch@hotmail.com

If you find any corrections to the results please send to John Driscoll on jld@sunnyfield.co.uk

I will not be able to deal with any after the end of this week for at least 2 weeks.

Senior Ladies 3 x 5.4 km

1. Liverpool H&AC "A"	58:46	MS 1
S Whiteside 20:00 (5); K Walker 20:03 (4); HM Barrett 18:43 (1)		
2. Leigh H&AC "A"	58:53	GM 1
Laura Riches 19:14 (1); Abigail Howarth 20:13 (2); Dianne Allen 19:26 (2)		
3. Liverpool H&AC "B"	1:00:05	MS 2
C Quaress 19:44 (2); L Quine 20:03 (3); S Jarvis 20:18 (3)		
4. Wirral AC	1:02:06	MS 3
Hannah Tarver 19:53 (4); Aimee Bartley 21:38 (5); Sarah Kearney 20:35 (4)		
5. Salford H	1:03:03	nc
Anna Weaver 20:01 (6); Hayley Kuter 18:54 (1); Anneka Sanders 24:08 (5)		
6. Vale Royal AC "A"	1:03:58	CH 1
Jodie Spencer 21:17 (17); Kathy Stringer 22:29 (8); Ameilia Pettitt 20:12 (6)		
7. Wilmslow RC "A"	1:04:04	CH 2
Sharon Johnstone 20:09 (14); Diane McVey 21:43 (7); Vicky McKinnon 22:12 (7)		
8. Blackburn H "A"	1:04:35	LA 1
Beckie Taylor 20:14 (8); Katie Trickett 21:27 (6); Shelley Tattersall 22:54 (8)		
9. Blackpool Wyre & Fylde AC "A"	1:05:37	LA 2
Lauren Gowland 20:40 (9); Laura Mountjpy 23:22 (9); Bev Wright 21:35 (9)		
10. Southport Waterloo AC	1:05:45	MS 4
Stephanie May 20:53 (10); Rachel Jacks 23:35 (11); Tracey Peters 21:17 (10)		
11. Liverpool H&AC "C"	1:06:30	MS 5
O Perez 22:17 (18); R Donohue 22:31 (14); K Upton 21:42 (11)		
12. Stockport H "A"	1:07:15	GM 2
Helen Walsh 21:00 (12); Imogen Nutter 23:33 (12); Nicola Berry 22:42 (12)		
13. Warrington AC	1:07:44	CH 3
Kate Titlow 21:08 (13); Katie Ashcroft 23:29 (13); Rachel Jefferson 23:07 (13)		
14. Penny Lane Striders "A"	1:08:18	MS 6
Maria Kelly 21:12 (16); Jane Eardley 23:47 (16); Pam Thurtle 23:19 (14)		
15. Wilmslow RC	1:08:31	GM 3
Sally Price 23:37 (27); Rachel Peers 23:04 (17); Katy Green 21:50 (15)		
16. Macclesfield H&AC	1:08:46	CH 4
Seren Bundy-Davies 22:43 (20); Carol Bird 24:35 (21); Kristy Readman 21:28 (16)		
17. Leigh H "B"	1:09:03`	GM 4
Georgina Leck 20:06 (7); Ursula Mellor 27:05 (20); Bethany Jones 21:52 (17)		
18. East Cheshire & Tameside "A"	1:09:26	GM 5
Pam Read 23:19 (24); Jenny Read 23:39 (18); Kate Kelly 22:28 (18)		
19. Wilmslow RC "B"	1:10:10	CH 5
Nicky Mowat 23:27 (25); Kate Sutton 23:51 (22); Christine Geraghty 22:52 (19)		
20. Bury AC "A"	1:10:35	GM 6
Katie Geelan 20:57 (11); Nicola Ryan 23:28 (10); Caitlin Cole 26:10 (20)		
21. Blackpool Wyre & Fylde AC "B"	1:10:48	LA 3
Stasia Bligh 23:36 (26); Gemma Unsworth 23:34 (19); Andrea Smith 23:38 (21)		

22. Liverpool H&AC "D"	1:10:54	MS 7
M Murphy 22:56 (23); K Dalby 25:48 (26); S Jackson 22:10 (22)		
23. West Cheshire AC	1:10:59	CH 6
Eleanor Robinson 23:51 (30); Lisa Davies 24:28 (24); Heather McLintock 22:40 (23)		
24. East Cheshire & Tameside "B"	1:11:45	GM 7
Janine Ridgard 22:42 (19); Tracy Gibson 25:00 (23); Janet Grint 24:03 (24)		
25. Spectrum Striders	1:13:39	CH 7
Karon Forster 22:47 (21); Carolyn Arber 27:20 (28); Shirley Anderson 23 :32 (25)		
26. Blackpool Wyre & Fylde AC "C"	1:14:01	LA 4
Laura Lawler 23:50 (29); Alison Titterington 24:32 (25); Tanya Barlow 25:39 (26)		
27. South Cheshire H	1:15:05	CH 8
Jeanette Hatton 29:33 (35); Rebecca Marshall 22:37 (32); Ruth Pryce 22:55 (27)		
28: Vale Royal AC "B"	1:15:30	CH9
Jacky Thorn 22:50 (22); Diane Newsham 27:56 (30); Jo Edwards 24:46 (28)		
29. Penny Lane Striders "B"	1:16:05	MS 8
Tarja Kinnunen 25:59 (32); Michelle Cobourn 24:27 (29); Oonagh Jacquest 25:39 (29)		
30. St Helens Sutton	1:20:06	MS 9
Katie Bowers-Folan 23:48 (28); Julia Eccleston 25:00 (27); Louise Hayes 31:18 (30)		
31. Lytham St Annes "A"	1:21:35	LA 5
Barbara Holmes 24:14 (31); Fiona Geldard 28:49 (33); Sylvia gittings 28:32 (31)		
32. Lytham St Annes "B"	1:44:35	LA 6
Janice Cobley 28:44 (34); Pam Binns 33:09 (34); Dawn Lock 42:42 (32)		

Incomplete teams :

Stockport H "B"		GM
Kerry Wood-Doyle 21:11 (15); Lesley Sinclair 23:40 (15)		
Salford H		nc
Denise Wakefield 26:01 (33); Joanne Aplin 24:51 (31)		
Leigh H		nc
Sarah Griffiths 19:50 (3)		

Mixed clubs team : Bury AC/Warrington AC

Katie Brough (W) 18:34; Sophie Sasimowicz (B) 24:56; Lucy Hodgson (B) 24:03

Under 17 Ladies (3 x 2.7 km)

1. Stockport H	28:54	nc
Megan Ashelby 10:04 (6); Chelsea Jarvis 9:19 (1); Mollie Williams 9:31 (1)		
2. Ribble Valley	30:10	LA 1
Lucy Lennon 10:03 (5); Millie Wood 9:38 (2); Georgie Smith 10:29 (2)		
3. Stockport H "A"	30:32	GM 1
Elizabeth Apsley 9:50 (3); Rosa Chrystie Lowe 10:31 (4); Olivia Wild 10:11 (3)		
4. Rossendale H "A"	30:59	LA 2

Rebecca Flanagan 9:43 (1); Megan Solomon 10:31 (3); Lean Williamson 10:45 (4)

5. Preston H	31:01	LA 3
Grace Maddox 10:30 (10); Emma Hargreaves 10:21 (6); Rachael Scott 10:10 (5)		
6. Vale Royal "A"	31:06	CH 1
Lucy Scott 10:08 (7); Clara Pettitt 10:31 (5); Emma Pyatt 10:27 (6)		
7. Leigh H	31:10	GM 2
Katie Roberts 11:23 (15); Sabrina Walley 9:57 (9); Leah Peplow 9:50 (7)		
8. Bury AC	31:47	GM 3
Katie Buckley 9:51 (4); Alana Grundy 11:13 (8); Katie Hurts 10:43 (8)		
9. Wirral AC "A"	31:59	MS 1
Emily Kearney 9:47 (2); Heather Nuttall 11:05 (7); Fiona Nuttall 11:07 (9)		
10. Stockport H "B"	33:16	GM 4
Roisin Clegg 11:08 (12); Sophie Williams 10:38 (11); Alice Hughes 11:30 (10)		
11. Vale Royal AC "B"	33:21	CH 2
Jade Evans 10:23 (8); Cerys Heaher 11:41 (12); Lucy Burch 11:17 (11)		
12. Rossendale H "B"	34:14	LA 4
Rebecca Bevan 11:20 (14); Elizabeth Longshaw 10:59 (13); Katherine Pegg 11:55 (12)		
13. Blackburn H "A"	34:51	LA 5
Katie Buckingham 10:46 (11); Holly Ballantine 10:57 (10); Ann-Marie Gray 13:08 (13)		
14. St Helens Sutton	35:02	nc
Rachel McGoldrick 11:10 (13); Maria McGoldrick 11:21 (14); Megan Cunliffe 12:31 (14)		
15. East Cheshire & Tameside	35:13	GM 5
Hayley Simpson 11:35 (16); Danielle Dignan 11:27 (15); Clare Dignan 12:11 (15)		
16. Crewe & Nantwich AC	38:00	CH 3
Lauren Whittaker 12:34 (18); Alice Dodds 13:01 (16); Katie Lennon 12:25 (16)		

Incomplete teams :

Vale Royal AC "C"		CH
Rebecca Hirst 10:25 (9)		
Rossendale H "C"		LA
Chloe Law 12:19 (17)		

Under 15 Girls (3 x 2.7 km)

1. Warrington AC "A"	29:05	CH 1
Sarah McGrail 9:52 (5); Harriet Knowles-Jones 9:05 (1); Elizabeth Smith 10:08 (1)		
2. Stockport H "A"	29:30	GM 1
Lily McGuinness 10:09 (6); Lucy Donaghy 9:29 (4); Katy Whiteoak 9:52 (2)		
3. Blackburn H&AC	29:47	LA 1
Phoebe Howe 10:21 (11); Elizabeth Greenwood 9:25 (5); Grace Handley 10:01 (3)		
4. Vale Royal AC "A"	29:52	CH 2
Amy Hinchley 9:21 (1); Megan Hough 9:50 (2); Chloe Broad 10:41 (4)		

5. Liverpool H "A"	29:54	MS 1
Sophia Brennan 9:32 (2); Mollie Thompson 10:06 (3); Danielle Webb 10:16 (5)		
6. Preston H "A"	30:35	LA 2
Beth Blackwell 9:46 (3); Max Smith 10:19 (6); Meg Beckett 10:30 (6)		
7. Warrington AC "B"	31:04	CH 3
Georgia Aston-Massey 10:13 (9); Olivia Bush 10:37 (9); Victoria Ramsbottom 10:14 (7)		
8. Stockport H "B"	31:27	GM 2
Juliet Downs 10:13 (10); Cloe Lockett 10:32 (8); Emma Donaghy 10:42 (8)		
9. Blackpool Wyre & Fylde	31:53	LA 3
Annie Bradshaw 10:37 (13); Jess Rogers 10:54 (12); Deni Impett 10:22 (9)		
10. Crewe & Nantwich "A"	32:33	CH 4
Anna Cawdron 10:38 (14); Freya Taylor-Hatswell 10:47 (11); Cara Gibbons 11:08 (10)		
11. Liverpool H "B"	32:44	MS 2
Annie Gray 10:11 (7); Rachel Hart 10:56 (10); Emily Rowe 11:37 (11)		
12. Rossendale H "A"	33:11	LA 4
Charlotte Waddington 10:11 (8); Shona Monks 11:32 (14); Isabella Lewis 11:28 (12)		
13. Warrington AC "C"	33:17	CH 5
Louise Watterson 11:15 (23); Amy Renton 10:40 (15); Laura Nicholson 11:22 (13)		
14. East Cheshire & Tameside "B"	33:18	GM 3
Alannah Newell 10:58 (19); Alarna Brockley 11:15 (17); Leah Meredith 11:05 (14)		
15. East Cheshire & Tameside "A"	33:22	GM 4
Niamh Hartshorne 10:48 (16); Emma Dixson 11:12 (16); Millie McIvor 11:22 (15)		
16. St Helens Sutton "A"	33:42	MS 3
Olivia Harwood Moss 11:27 (25); Lucy Griffiths 11:03 (20); Shannon Partington 11:12 (16)		
17. Preston H "B"	34:09	LA 5
Holly Johnstone 10:42 (15); Elisha Lyttle 10:53 (13); Olivia Roberts 12 34 (17)		
18. Stockport H "C"	34:28	GM 5
Eliza Brackenridge Jones 10:56 (18); Emily Hughes 11:32 (19); Emma Chrystie Lowe 12:00 (18)		
19. Bury AC	34:31	GM 6
Eleanor Boyle 11:35 (27); Jennifer Smalley 11:20 (23); Antonia Kean 11:36 (19)		
20. Rossendale H "B"	35:08	LA 6
Beatrice Troman 11:19 (24); Sophie Murphy 11:38 (24); Jessica Nelson 12:11 (20)		
21. Ribble Valley	35:17	LA 7
Eleanor Bolton 11:02 (21); Charlotte Moxam 11:38 (21); Charlotte Forth 12:37 (21)		
22. Vale Royal AC "B"	35:33	CH 6
Amy Nolan 11:29 (26); Becky Smith 12:01 (26); Lois Roebottom 12:03 (22)		
23. Rossendale H	35:52	nc
Lucy Moore 10:59 (20); Ellanor Solomon 11:24 (18); Lucy Wood 13:29 (23)		
24. Leigh H	35:57	GM 7
Olivia Stone 11:35 (28); Katie Hatton 11:42 (25); Eleanor Bond 12:40 (24)		
25. St Helens Sutton "B"	39:34	MS 4
Emily Roberts 12:51 (30); Lauren Wilcock 13:39 (27); Alex Glynn 13:04 (25)		

Incomplete teams ;

Wirral AC "A"		MS
Sophie Tarver 9:48 (4); Aileen Kearney 10:37 (7)		
West Cheshire		CH
Katie Clarke 10:31 (12); Sophie Carter 12:09 (22)		
Horwich RMI		GM
Abby Cox 13:53 (31); Jenny Unsworth 12:50 (28)		
Halton & Frodsham		nc
Kiera Grady 10:54 (17)		
Stockport H "D"		GM
Ruth Sinclair 11:09 (22)		
Crewe & Nantwich "B"		CH
Annie Huntsbach 11:53 (29)		

Under 13 Girls (3 x 2.7 km)

1. Liverpool H&AC "A"	30:14	MS 1
Emily Gray 9:59(3); Paige Misund 10:22 (3); Beth Strange 9:53 (1)		
2. Manchester H	30:39	GM 1
Beth Barlow 10:02 (4); Danielle Stringer 9:59 (1); Megan Taylor 10:38 (2)		
3. Warrington AC	31:15	CH 1
Melissa Boyer 9:52 (2); Lauren Goddard 10:18 (2); Lauren Ferris 11:05 (3)		
4. Liverpool H "B"	31:26	MS 2
Lucy Miller 10:10 (5); Faye Ireland 10:31 (4); Georgia Shirley 10:45 (4)		
5. Hyndburn AC	31:31	LA 1
Alexa McTiffin 10:31 (6); Charlie Coy 10:44 (6); Blythe Fourie 10:16 (5)		
6. Wirral AC "A"	32:24	MS 2
Krystina Martindale 10:34 (8); Lucy Lefeuvre 11:09 (9); Olivia Waring 10:41 (6)		
7. Stockport H "A"	32:37	GM 2
Rebecca Jones 10:40 (9); Natasha Harrison 10:59 (7); Emma Flynn 9:58 (7)		
8. Vale Royal "A"	32:43	CH 2
Caitlin Dimmick 10:33 (7); Rebecca Williams 11:14 (10); Georgina Denham 10:56 (8)		
9. Rossendale H "A"	33:03	LA 2
Corina Haworth 11:05 (14); Sarah Longshaw 11:01 (11); Shauna Williamson 10:57 (9)		
10. Blackburn H	33:13	LA 3
Natalya Irvine 10:54 (12); Hannah Cookson 10:47 (8); Rose Abbott 11:32 (10)		
11. Manchester H	33:15	nc
Eleanor Kenney 9:51 (1); Emily Hughes 11:09 (5); Alica Brogan 12:15 (11)		
12. Stockport H "B"	34:22	GM 3
Naomi Sinclair 10:46 (11); Francesca Carosi 11:31 (12); Abbie Wood Doyle 12:05 (12)		
13. West Cheshire	34:33	CH 3
Sophie Hemmingbrough 11:07 (15); Issy Clarke 11:30 (15); Sophie O'Kines 11:56 (13)		
14. Wirral AC "B"	34:34	MS 4

Juliet Hodder 11:00 (13); Elle Head 12:16 (18); Hannah Das 11:18 (14)

15. Preston H "A" **34:37** **LA 4**
Charlotte Crook 10:43 (10); Holly Keelan 11:47 (13); Hannah Mullholland 12:07 (15)

16. St Helens Sutton "A" **34:40** **MS 5**
Alex Bottomley 11:39 (18); Susan Shirling 10:53 (14); Abbie Roberts 12:08 (16)

17. Liverpool H "C" **34:49** **MS 6**
Jessica Cook 11:24 (16); Mia Alsamarie 11:41 (16); Mia Perry 11:44 (17)

18. Crewe & Nantwich **35:05** **CH 4**
Sarah Dufour Jackson 12:13 (21); Kateryn Mooney 11:03 (17); Emma Welch 11:49 (18)

19. Liverpool H "D" **35:15** **MS 7**
Grace Preston 11:28 (17); Isabel St John 12:13 (19); Maddie Broad 11:34 (19)

20. Southport Waterloo "A" **36:21** **MS 8**
Alex Webb 13:42 (26); Nisha Kumari-Webster 12:31 (24); Emma Alderson 10:08 (20)

21. Liverpool H "E" **36:45** **MS 9**
Emily Lucas 12:03 (19); Millie Rain 12:09 (20); Lucinda Shannon 12:33 (21)

22. Vale Royal AC "B" **37:04** **CH 5**
Emily Oakes 12:58 (25); Jasmin Thompson 11:48 (21); Molly Whitehead 12:18 (22)

23. Preston H "B" **38:12** **LA 5**
Charlotte Johnstone 12:25 (22); Tegan Macuras 13:12 (22); Emily Holden 12:35 (23)

24. St Helens Sutton "B" **39:05**
MS 10
Freya Roberts 12:52 (24); Ellie Mawdsley 13:28 (25); Caitlin Young 12:45 (24)

Incomplete teams ;

Bury AC **GM**
Teegan Brady 12:35 (23); Jenna Allen-Cartwright 13:10 (23)

Liverpool H&AC "F" **MS**
Emily Deroy 12:09 (20);

Fastest Legs

(xx) indicates which leg

Men 5.4km

Jon Mellor	Liverpool H "A"	16:11 (4)
Joe Bailey	Salford "A"	16:19 (4)
Ben Fish	Blackburn	16:22 (3)
James Kavan	Horwich RMI	16:32 (1)
James Riley	Liverpool H "A"	16:35 (2)
Rob Hughes	Salford "A"	16:35 (3)
Dave Mountford	Liverpool	16:37 (2)
Harry Harper	Liverpool "A"	16:45 (3)
John Ashcroft	Liverpool "D"	16:45 (1)
Ricky Challinor	Liverpool	16:48 (1)

Under 17 Men

5.4km

Matthew Shirling	Liverpool "A"	16:46 (3)
Patrick Dever	Preston "A"	17:15 (1)
Richard Eaves	Wirral "A"	17:21 (1)
Matt Sheen	Vale Royal "A"	17:22 (1)
Matthew Wiglesworth	Liverpool "A"	17:26 (1)
Daniel Jarvis	Liverpool "B"	17:36 (1)
Jamaine Colman	Preston "A"	17:50 (3)
Cameron Field	Warrington "A"	17:59 (1)
Owen Sharp	Liverpool "B"	18:01 (3)
Abdulqani Sharif	Liverpool "A"	18:02 (2)

Under 15 Boys

2.7km

Daniel Evans	Warrington "A"	8:33 (1)
Fabrice Kisella	Preston "A"	8:46 (3)
Chris Durney	Preston "A"	8:48 (1)
Robert Dykes	Warrington "A"	8:52 (3)
Tom Clarke	Liverpool "A"	8:53 (1)
Donnacha Maguire	Manchester	9:01 (1)
Sam Tarry	Manchester	9:08 (2)
Will Nowell	Vale Royal "A"	9:10 (2)
Luke Piper	East Cheshire "A"	9:10 (1)
Matt Barnes	Pendle "A"	9:11 (1)

Under 13 Boys

2.7km

Dave Tierney	Preston	9:17 (1)
Marcus Dey	Bury	9:28 (3)
Christy Mageean	West Cheshire	9:29 (1)
Robert Weir	Vale Royal "A"	9:32 (3)
Luke Gamble	Warrington "A"	9:36 (1)
Josh Hinchley	Vale Royal "A"	9:28 (1)
Colin Daly	Trafford	9:40 (1)
Joe Wigfield	Wirral "A"	9:41 (3)
Ieuan Kearney	Wirral "A"	9:43 (1)
Adam Roberts	Preston	9:47 (3)

Women 5.4km

Katie Brough	Warrington	18:34 (1)
M Barrett	Liverpool "A"	18:43 (3)
Hayley Kuter	Salford	18:54 (2)
Laura Riches	Leigh H	19:14 (1)
Dianne Allen	Leigh H	19:26 (3)
C Quaress	Liverpool "B"	19:44 (1)
Sarah Griffiths	Leigh H (nc)	19:50 (1)
Hannah Tarver	Wirral	19:53 (1)
S Whiteside	Liverpool "A"	20:00 (1)
Anna Weaver	Salford	20:01 (1)

Under 17 Women

2.7km

Chelsea Jarvis	Stockport	9:19 (2)
Mollie Williams	Stockport	9:31 (3)
Millie Wood	Ribble Valley	9:38 (2)
Rebecca Flanagan	Rossendale "A"	9:43 (1)
Emily Kearney	Wirral "A"	9:57 (1)
Elizabeth Apsley	Stockport "A"	9:50 (1)
Leah Peplow	Leigh H	9:50 (3)
Katie Buckley	Bury	9:51 (1)
Sabrina Walley	Leigh H	9:57 (2)
Lucy Lennon	Ribble Valley	10:03 (1)

Under 15 Girls

2.7km

Harriet Knowles-Jones	Warrington "A"	9:05 (2)
Amy Hinchley	Vale Royal "A"	9:21 (1)
Elizabeth Greenwood	Blackburn "A"	9:25 (2)
Lucy Donaghy	Stockport "A"	9:29 (2)
Sophia Brennan	Liverpool H "A"	9:32 (1)
Beth Blackwell	Preston H "A"	9:46 (1)
Sophie Tarver	Wirral "A"	9:48 (1)
Megan Hough	Vale Royal A	9:50 (2)
Katy Whitelock	Stockport "A"	9:52 (3)
Sarah McGrail	Warrington "A"	9:56 (1)

Under 13 Girls

2.7km

Eleanor Kenny	Manchester H	9:51 (1)
Melissa Bowyer	Warrington "A"	9:52 (1)
Beth Strange	Liverpool "A"	9:53 (3)
Emma Flynn	Stockport "A"	9:58 (3)
Emily Gray	Liverpool "A"	9:59 (1)
Danielle Stringer	Manchester H	9:59 (2)
Beth Barlow	Manchester H	10:02 (1)
Lucy Miller	Liverpool "B"	10:10 (1)
Lauren Goddard	Warrington	10:18 (2)
Paige Misund	Liverpool "A"	10:22 (2)