

## Cheshire Cross Country Championships Bolesworth - Sat-3-Jan-2015

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**Senior/Veteran Men**

Pos.	No.	Name	Club	Category	MV Pos.	Cat pos	Time
1	95	Daniel Cliffe	Liverpool Harriers	M		1	34:39
2	188	Tom Jervis	Warrington AC	M		2	36:35
3	121	James Wignall	Sale Harriers Manchester	M		3	36:41
4	173	Stuart Doyle	Vale Royal	V40	1	1	37:25
5	120	Nigel Martin	Sale Harriers Manchester	M		4	37:48
6	216	Damian Nichols	Wilmslow	M		5	37:51
7	115	Ian Wetherall	Sale Harriers Manchester	V45	2	1	38:30
8	133	Henry Valentine	South Cheshire	M		6	38:39
9	81	Chris Mccarthy	Kenilworth Runners	M		7	38:57
10	158	Tommy Horton	University of Sheffield	M		8	39:08
11	211	Peter Speake	Wilmslow	M		9	39:17
12	145	Karl Steineggar	Spectrum Striders	M		10	39:34
13	215	Paul Hawkins	Wilmslow	M		11	39:41
14	110	Mark Walker	Macclesfield Harriers & AC	M		12	40:18
15	222	David Alexander	West Cheshire AC	V45	3	2	40:20
16	179	Ryan Moore	Vale Royal	M		13	40:31
17	203	Malcolm Fowler	Wilmslow	V50	4	1	40:39
18	116	Tom Fordyce	Sale Harriers Manchester	V40	5	2	40:51
19	111	Robert Hasler	Macclesfield Harriers & AC	M		14	40:52
20	208	Jim Pendrill	Wilmslow	V40	6	3	40:54
21	127	Peter Mallison	South Cheshire	V40	7	4	40:59
22	131	Dave Phillips	South Cheshire	M		15	41:17
23	118	Paul Rowley	Sale Harriers Manchester	M		16	41:22
24	80	Colin Thompson	Helsby RC	M		17	41:35
25	180	Rob Olliver	Vale Royal	M		18	41:48
26	65	Bryan Lomas	Congleton	V45	8	3	42:01
27	142	Chris Millington	Spectrum Striders	V40	9	5	42:16
28	113	Scott Wilson	Macclesfield Harriers & AC	M		19	42:21
29	214	Jon Cheshire	Wilmslow	M		20	42:39
30	207	Andrew Whittingham	Wilmslow	V45	10	4	42:55
31	94	Matthew Wackett	Knutsford Tri	M		21	42:59
32	154	Rob Arden	Tattenhall	M		22	43:09
33	205	Mike Hill	Wilmslow	V45	11	5	43:22
34	209	Jeremy Bygrave	Wilmslow	V40	12	6	43:26
35	159	James Ainsworth	Vale Royal	V40	13	7	43:32
36	155	Andrew Sudlow	Tattenhall	M		23	43:50
37	71	Adam Mcarthur	Enfield & Haringey	M		24	43:52
38	199	Tom Mcgaff	Wilmslow	V60	14	1	43:54
39	132	Andy Durrant	South Cheshire	M		25	43:57
40	160	Tom Annable	Vale Royal	V50	15	2	43:59
41	109	James Noakes	Macclesfield Harriers & AC	V45	16	6	44:03
42	112	Chris Bentley	Macclesfield Harriers & AC	M		26	44:05
43	103	Paul Bagan	Lymm RC	M		27	44:07
44	162	Tom Armstrong	Vale Royal	M		28	44:09
45	99	Julian Dickinson	Lymm RC	V40	17	8	44:17

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46	213 Allan McCormick	Wilmslow	M		29	44:32
47	220 Tom Booth	West Cheshire AC	M		30	44:35
48	151 Simon Ellis	Tattenhall	V50	18	3	44:38
49	219 David Norman	Wirral AC	V50	19	4	44:39
50	67 Pete Carvell	Congleton	V40	20	9	44:39
51	183 Craig Sephton	Vale Royal	V40	21	10	44:45
52	217 James Grannan	Wilmslow	M		31	45:03
53	227 Dave Clamp	Knutsford Tri	V55	22	1	45:18
54	88 Dave Armitage	Knutsford Tri	V40	23	11	45:26
55	174 James Edwards	Vale Royal	V55	24	2	45:39
56	184 Gary Weedall	Vale Royal	V50	25	5	45:45
57	148 Steve Shaughnessy	Stockport Harriers	V55	26	3	45:50
58	178 Alex Mason	Vale Royal	M		32	45:55
59	66 Pete Newham	Congleton	V45	27	7	46:01
60	60 Michael Waring	Chester Tri	V45	28	8	46:09
61	68 Craig Hewitt	Congleton	M		33	46:16
62	210 Matt Taylor	Wilmslow	V40	29	12	46:21
63	128 James Simpson	South Cheshire	V40	30	13	46:23
64	152 Simon Duckett	Tattenhall	M		34	46:28
65	164 Scott Bamber	Vale Royal	V45	31	9	46:38
66	125 Rob Valentine	South Cheshire	V45	32	10	46:46
67	176 James Griffiths	Vale Royal	M		35	46:50
68	100 David Holmes	Lymm RC	V40	33	14	46:50
69	57 Denis Duret	Chester Tri	V45	34	11	47:03
70	91 John Goggins	Knutsford Tri	M		36	47:07
71	126 Paul Hancock	South Cheshire	V45	35	12	47:13
72	84 Simon Atkins	Knutsford Tri	V45	36	13	47:16
73	143 Neil Adair	Spectrum Striders	M		37	47:18
74	97 Jim Allen	Lymm RC	V50	37	6	47:21
75	96 Jim Dawson	Lymm RC	V50	38	7	47:23
76	187 Stephen Watmough	Warrington AC	V50	39	8	47:31
77	163 Anthony Atkinson	Vale Royal	V45	40	14	47:34
78	150 Nick Holmes	Tattenhall	V55	41	4	47:47
79	83 Andy Dines	Knutsford Tri	V50	42	9	47:51
80	82 Pete Openshaw	Knutsford Tri	V50	43	10	47:57
81	89 Rob Garner	Knutsford Tri	M		38	48:01
82	212 Phil Matthews	Wilmslow	M		39	48:03
83	221 Mark Davies	West Cheshire AC	M		40	48:04
84	77 Gareth Boyd	Helsby RC	V40	44	15	48:07
85	56 Stephen Spall	Chester Tri	V50	45	11	48:10
86	202 Ian Smallwood	Wilmslow	V50	46	12	48:21
87	70 Andrew Jones	Crewe & Nantwich	V45	47	15	48:27
88	140 Julian Spencer	Spectrum Striders	V50	48	13	48:49
89	85 Paul Wain	Knutsford Tri	V45	49	16	48:51
90	146 Stephen Abram	Spectrum Striders	M		41	48:56
91	185 Tony Mccarthy	Warrington AC	V55	50	5	49:10
92	144 Jon Chapman	Spectrum Striders	M		42	49:16
93	223 Dave Tiernan	West Cheshire AC	V50	51	14	49:42

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94	101	Jonathon Hock	Lymm RC	M		43	49:55
95	194	Andrew Holland	Warrington Road Runners	M		44	50:02
96	107	John Mooney	Macclesfield Harriers & AC	V55	52	6	50:07
97	168	John Carroll	Vale Royal	V50	53	15	50:12
98	172	Brian Dooley	Vale Royal	V40	54	16	50:30
99	76	Adrian Jackson	Helsby RC	V40	55	17	50:30
100	114	David Gill	Northern Veterans	V55	56	7	50:49
101	58	Neil Jenkins	Chester Tri	V45	57	17	51:02
102	69	Neil Fowler	Crewe & Nantwich	V50	58	16	51:16
103	136	Andrew Dawson	Spectrum Striders	M		45	51:37
104	139	Kenny Forster	Spectrum Striders	V55	59	8	51:40
105	86	Edward Taylor	Knutsford Tri	V45	60	18	52:00
106	175	Geoff Fawkes	Vale Royal	V40	61	18	52:01
107	75	Tim Palmer	Helsby RC	V50	62	17	52:08
108	189	Stephen Bowden	Warrington Road Runners	V55	63	9	52:15
109	193	Luke Potts	Warrington Road Runners	M		46	52:48
110	59	Ray Tran	Chester Tri	V45	64	19	53:10
111	149	Martin Durrant	Tattenhall	V55	65	10	53:30
112	108	Keith Mulholland	Macclesfield Harriers & AC	V50	66	18	53:43
113	165	Simon Bridge	Vale Royal	V45	67	20	53:57
114	190	Martin Catterall	Warrington Road Runners	M		47	54:05
115	73	Andy Smith	Helsby RC	V50	68	19	54:10
116	137	Geoff Hand	Spectrum Striders	V55	69	11	54:29
117	52	Dave Taylor	Chester Tri	V60	70	2	54:49
118	87	Stephen Bushell	Knutsford Tri	V45	71	21	54:52
119	225	David Hough	West Cheshire AC	V65	72	1	55:05
120	124	Phil Cliff	South Cheshire	V50	73	20	55:22
121	78	Paul Foster	Helsby RC	V40	74	19	55:29
122	169	John Clarke	Vale Royal	V60	75	3	55:48
123	192	Neil Simpson	Warrington Road Runners	M		48	55:59
124	122	Chris Walsh	South Cheshire	V60	76	4	56:14
125	226	Paul Stubbs-Jeffries	Knutsford Tri	V55	77	12	56:18
126	135	Geoff Read	Spectrum Striders	V60	78	5	56:21
127	198	Patrick Grannan	Wilmslow	V60	79	6	56:48
128	61	Dave Taylor	Congleton	V60	80	7	56:55
129	54	John Robb	Chester Tri	V50	81	21	57:38
130	170	Steve Collier	Vale Royal	V55	82	13	58:28
131	224	Peter Smith	West Cheshire AC	V50	83	22	58:43
132	181	Richard Pettitt	Vale Royal	V50	84	23	59:46
133	138	Dave Thompson	Spectrum Striders	V55	85	14	1:00:31
134	63	Steve Pullen	Congleton	V60	86	8	1:02:32
135	102	Jamie Bradbury	Lymm RC	M		49	1:03:08
136	196	Simon Fenton	Wilmslow	V70	87	1	1:03:44
137	106	David Hancock	Macclesfield Harriers & AC	V65	88	2	1:04:02
138	177	Paul Hudson	Vale Royal	V60	89	9	1:06:54
139	195	Trevor Faulkner	Wilmslow	V70	90	2	1:08:17

<u>Men</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Wilmslow	216.Damian Nichols	37:51

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	96 points (6,11,13,17,20,29)	211.Peter Speake	39:17
		215.Paul Hawkins	39:41
		203.Malcolm Fowler (V50)	40:39
		208.Jim Pendrill (V40)	40:54
		214.Jon Cheshire	42:39
2nd	Vale Royal	173.Stuart Doyle (V40)	37:25
	164 points (4,16,25,35,40,44)	179.Ryan Moore	40:31
		180.Rob Olliver	41:48
		159.James Ainsworth (V40)	43:32
		160.Tom Annable (V50)	43:59
		162.Tom Armstrong	44:09
3rd	South Cheshire	133.Henry Valentine	38:39
	219 points (8,21,22,39,63,66)	127.Peter Mallison (V40)	40:59
		131.Dave Phillips	41:17
		132.Andy Durrant	43:57
		128.James Simpson (V40)	46:23
		125.Rob Valentine (V45)	46:46
	4.Wilmslow "B"-233pts	5.Macclesfield Harriers & AC-240pts	
	6.Vale Royal "B"-352pts	7.Knutsford Tri-359pts	
	8.Tattenhall-369pts	9.Spectrum Striders-382pts	
	10.Lymm RC-399pts	11.Congleton-458pts	
	12.West Cheshire AC-488pts	13.Chester Tri-542pts	
	14.Helsby RC-550pts	15.Knutsford Tri "B"-598pts	
	16.Vale Royal "C"-613pts	17.Wilmslow "C"-632pts	

<u>Vets</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Wilmslow	203.Malcolm Fowler (50)	40:39
	31 points (4,6,10,11)	208.Jim Pendrill (40)	40:54
		207.Andrew Whittingham (45)	42:55
		205.Mike Hill (45)	43:22
2nd	Vale Royal	173.Stuart Doyle (40)	37:25
	50 points (1,13,15,21)	159.James Ainsworth (40)	43:32
		160.Tom Annable (50)	43:59
		183.Craig Sephton (40)	44:45
3rd	Wilmslow "B"	209.Jeremy Bygrave (40)	43:26
	101 points (12,14,29,46)	199.Tom Mcgaff (60)	43:54
		210.Matt Taylor (40)	46:21
		202.Ian Smallwood (50)	48:21
	4.South Cheshire-104pts	5.Vale Royal "B"-120pts	
	6.Knutsford Tri-123pts	7.Lymm RC-125pts	
	8.Congleton-135pts	9.Chester Tri-164pts	
	10.Spectrum Striders-185pts	11.West Cheshire AC-209pts	
	12.Macclesfield Harriers & AC-222pts	13.Knutsford Tri "B"-223pts	
	14.Helsby RC-229pts	15.Vale Royal "C"-235pts	
	16.Vale Royal "D"-330pts		

**Senior/Veteran Women**

Pos.	No.	Name	Club	Category	LV Pos.	Cat pos	Time
1	339	Sarah Murphy	Vale Royal	V35	1	1	30:14

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2	328	Katie Brough	Vale Royal	L		1	30:45
3	319	Kelly Crickmore	Stockport Harriers	V35	2	2	31:04
4	342	Kate Titlow	Vale Royal	L		2	31:32
5	338	Kate Moulds	Vale Royal	L		3	31:43
6	318	Gemma Connolly	St Helens Sutton AC	L		4	32:09
7	303	Hayley Kuter	Salford Harriers	V35	3	3	32:25
8	359	Diane Mcvey	Wilmslow	V35	4	4	32:29
9	295	Andrea Hilldrup	Lymm RC	V35	5	5	32:30
10	317	Victoria Walls	Spectrum Striders	L		5	33:17
11	327	Laura Bestow	Vale Royal	L		6	33:40
12	293	Rachel Friend	Leeds City	L		7	34:14
13	363	Amanda Ruks	Windsor Slough Eton & Hounslow AC	V35	6	6	34:21
14	323	Georgina Ross	Tattenhall	V35	7	7	34:27
15	316	Alison Draper	Spectrum Striders	L		8	34:37
16	322	Allison Grundy	Tattenhall	V35	8	8	35:04
17	286	Jenny Illidge	Helsby RC	L		9	35:16
18	310	Amy Durrant	South Cheshire	L		10	35:19
19	325	Alice Robinson	Tattenhall	L		11	35:33
20	356	Louisa Harrison	Wilmslow	V40	9	1	36:20
21	357	Diane Bygrave	Wilmslow	V40	10	2	36:53
22	344	Penny Thorn	Vale Royal	V40	11	3	37:10
23	340	Sophia Rees	Vale Royal	V35	12	9	37:16
24	314	Jane Lowe	Spectrum Striders	V45	13	1	37:29
25	301	Danielle Wallis	Macclesfield Harriers & AC	L20		1	37:34
26	300	Daisy Pickles	Macclesfield Harriers & AC	L		12	37:37
27	364	Eleanor Robinson	West Cheshire AC	V40	14	4	37:40
28	276	Jo Moss	Congleton	V40	15	5	37:43
29	309	Anife Turchin	South Cheshire	L		13	38:00
30	283	Janet Robertson	Helsby RC	V45	16	2	38:13
31	291	Kate Mills	Knutsford Tri	V35	17	10	38:28
32	365	Lisa Davies	West Cheshire AC	V40	18	6	38:37
33	349	Nicky Mowat	Wilmslow	V55	19	1	38:49
34	285	Laura Baynham-Hughes	Helsby RC	V35	20	11	39:07
35	308	Marie Atkinson	South Cheshire	L		14	39:09
36	294	Georgina Walker	Lymm RC	V35	21	12	39:18
37	330	Carolyn Dooley	Vale Royal	V40	22	7	39:25
38	280	Rachel Arnold	Helsby RC	V50	23	1	39:27
39	277	Sara Stead	Congleton	V35	24	13	39:41
40	331	Jo Edwards	Vale Royal	V50	25	2	39:43
41	305	Sue Poole	South Cheshire	V45	26	3	39:51
42	313	Debbie Read	Spectrum Striders	V55	27	2	39:58
43	298	Hanny Stockman	Macclesfield Harriers & AC	V50	28	3	40:09
44	275	Paula Kennerley	Congleton	V45	29	4	40:41
45	288	Karen Richardson	Knutsford Tri	V40	30	8	40:49
46	337	Debbie Moreton	Vale Royal	V45	31	5	41:00
47	354	Sharon Jones	Wilmslow	V45	32	6	41:35
48	297	Barbara Murray	Macclesfield Harriers & AC	V55	33	3	41:48
49	321	Adele Curran	Tattenhall	V40	34	9	41:52

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50	304 Philippa Tyson	South Cheshire	V50	35	4	41:53
51	360 Deanna Grace	Wilmslow	L		15	41:59
52	289 Lynda Percival	Knutsford Tri	V40	36	10	42:31
53	287 Miranda Taylor	Knutsford Tri	V45	37	7	42:41
54	271 Sally Rigby	Boalloy	V40	38	11	42:57
55	296 Emma Davis	Lymm RC	L		16	44:50
56	306 Wendy Smith	South Cheshire	V40	39	12	45:01
57	273 Felicity Doyle	Congleton	V55	40	4	45:33
58	361 Lindsay Gallogly	Wilmslow	M		1	43:31
59	345 Sarah Walker	Vale Royal	V40	41	13	43:55
60	347 Susan Alltree	Warrington Road Runners	V45	42	8	47:34
61	278 Emily Heptonstall	Congleton	L		17	48:25
62	346 Carole Williams	Vale Royal	V60	43	1	48:33
63	348 Sarah Matthews	Warrington Road Runners	L		18	50:28

Ladies Club

1st Vale Royal  
7 points (1,2,4)

Athletes

339.Sarah Murphy (V35) 30:14  
328.Katie Brough 30:45  
342.Kate Titlow 31:32

2nd Vale Royal "B"  
38 points (5,11,22)

338.Kate Moulds 31:43  
327.Laura Bestow 33:40  
344.Penny Thorn (V40) 37:10

3rd Tattenhall  
49 points (14,16,19)

323.Georgina Ross (V35) 34:27  
322.Allison Grundy (V35) 35:04  
325.Alice Robinson 35:33

- 4.Wilmslow-49pts
- 6.Helsby RC-81pts
- 8.Macclesfield Harriers & AC-94pts
- 10.Lymm RC-100pts
- 12.Knutsford Tri-128pts
- 14.South Cheshire "B"-147pts

- 5.Spectrum Striders-49pts
- 7.South Cheshire-82pts
- 9.Vale Royal "C"-100pts
- 11.Congleton-111pts
- 13.Wilmslow "B"-131pts
- 15.Vale Royal "D"-167pts

Vets Club

1st Wilmslow  
23 points (4,9,10)

Athletes

359.Diane Mcvey (35) 32:29  
356.Louisa Harrison (40) 36:20  
357.Diane Byegrave (40) 36:53

2nd Vale Royal  
24 points (1,11,12)

339.Sarah Murphy (35) 30:14  
344.Penny Thorn (40) 37:10  
340.Sophia Rees (35) 37:16

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3rd	Tattenhall	323.Georgina Ross (35)	34:27
	49 points (7,8,34)	322.Allison Grundy (35)	35:04
		321.Adele Curran (40)	41:52
4.	Helsby RC-59pts	5.Congleton-68pts	
6.	Vale Royal "B"-78pts	7.Knutsford Tri-83pts	
8.	South Cheshire-100pts		

**U20 Men**

Pos.	No.	Name	Club	Time
1	580	Liam Burthem	Liverpool Harriers	26:31
2	583	Matt Sheen	Vale Royal	26:51
3	581	Oliver Williams	South Cheshire	27:27
4	578	Richard Mcgeachie	Halton & Frodsham	29:04
5	582	Dan Morrison	Vale Royal	29:08
6	577	Eliot Nevill	Crewe & Nantwich	31:04
7	586	Tom Greaves	Warrington Road Runners	32:50
8	587	Will Booth	Wilmslow	34:50

**U20 Women**

Pos.	No.	Name	Club	Time
1	540	Harriet Knowles-Jones	Warrington AC	24:59
2	536	Jess Parsons	Vale Royal	29:34
3	537	Clara Pettitt	Vale Royal	30:44
4	538	Emma Pyatt	Vale Royal	30:52
5	539	Lucy Scott	Vale Royal	31:33
6	532	Rachel Mcgoldrick	St Helens Sutton AC	31:48
7	533	Maria Mcgoldrick	St Helens Sutton AC	33:48
8	534	Lucy Burch	Vale Royal	34:25
9	541	Ellen McMahon	West Cheshire AC	37:42

<u>U20W</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Vale Royal	536.Jess Parsons	29:34
	9 points (2,3,4)	537.Clara Pettitt	30:44
		538.Emma Pyatt	30:52

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**U17 Boys**

Pos.	No.	Name	Club	Time
1	180	Josh Betteley	Vale Royal	23:43
2	181	Jacob Brown	Vale Royal	24:04
3	183	Jon Owen	Vale Royal	24:31
4	182	Jonathan Chatten	Vale Royal	25:13
5	187	Cameron Weaver	West Cheshire AC	25:17
6	186	Robert Dykes	Warrington AC	26:45
7	175	James Howell-Jones	Crewe & Nantwich	27:19
8	179	Simon Waterhouse	Rugby & Northhampton	27:37
9	184	Will Parsons	Vale Royal	28:26
10	178	Callum Ahern	Macclesfield Harriers & AC	28:53
	<u>U17B</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
	1st	Vale Royal	180.Josh Betteley	23:43
		6 points (1,2,3)	181.Jacob Brown	24:04
			183.Jon Owen	24:31

**U17 Girls**

Pos.	No.	Name	Club	Time
1	679	Zara Thompson	Sale Harriers Manchester	20:07
2	695	Katie Clarke	West Cheshire AC	20:16
3	694	Jasmin Dobson	Warrington AC	20:29
4	690	Elizabeth Smith	Warrington AC	20:35
5	693	Sarah Mcgrail	Warrington AC	20:41
6	688	Sophie Smith	Vale Royal	20:43
7	692	Victoria Ramsbottom	Warrington AC	20:50
8	677	Louisa Whittingham	Macclesfield Harriers & AC	21:20
9	680	Chloe Broad	Vale Royal	21:49
10	682	Cara Gibbons	Vale Royal	22:12
11	675	Harriet Pickup	Boalloy	22:20
12	681	Chloe Dooley	Vale Royal	22:29
13	684	Megan Hough	Vale Royal	22:51
14	678	Eve Gibson	Sale Harriers Manchester	23:29
15	696	Laura Smith	West Cheshire AC	24:18
16	689	Catherine Gray	Vale Royal	24:22
17	687	Becky Smith	Vale Royal	25:28
18	697	Kiera Grady	Warrington AC	25:30
	<u>U17G</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
	1st	Warrington AC	694.Jasmin Dobson	20:29
		12 points (3,4,5)	690.Elizabeth Smith	20:35
			693.Sarah Mcgrail	20:41
	2nd	Vale Royal	688.Sophie Smith	20:43
		25 points (6,9,10)	680.Chloe Broad	21:49
			682.Cara Gibbons	22:12
	3rd	Vale Royal "B"	681.Chloe Dooley	22:29
		41 points (12,13,16)	684.Megan Hough	22:51
			689.Catherine Gray	24:22



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**U15 Boys**

Pos.	No.	Name	Club	Time
1	398	Evan Roberts	West Cheshire AC	17:01
2	387	Jack Stubbings	Warrington AC	17:21
3	373	Chris Larkin	Halton & Frodsham	17:22
4	389	Sam Rostron	Warrington AC	17:59
5	378	Arun Dight	Vale Royal	18:02
6	379	Alex Doyle	Vale Royal	18:06
7	384	Oliver Waring	Vale Royal	18:10
8	371	William Kesteven	Crewe & Nantwich	18:24
9	377	Harry Dexter	Vale Royal	18:26
10	385	Rob Weir	Vale Royal	18:35
11	375	Lauchlan Stanier	Halton & Frodsham	19:01
12	374	Jacob Birtles	Halton & Frodsham	19:06
13	397	Ethan Greenland	West Cheshire AC	19:20
14	395	Jac Goodall	West Cheshire AC	19:22
15	376	Harry Simpson	Macclesfield Harriers & AC	19:48
16	370	Thomas Adkins	Crewe & Nantwich	19:52
17	392	Alexander Mason	West Cheshire AC	20:15
18	372	Jack Williamson	Crewe & Nantwich	21:00
19	383	Curtis Rodway	Vale Royal	21:05
20	368	Matthew McCormack	Crewe & Nantwich	21:31
21	393	Rory Willson	West Cheshire AC	21:37
22	396	Harrison Britton	West Cheshire AC	22:11
23	369	Liam Heyes	Crewe & Nantwich	22:32
24	999	Un Known	Unattached	22:49
25	380	Jonny Dufty	Vale Royal	22:54
26	391	David Dentith	West Cheshire AC	22:56
27	390	Patrick Tait	West Cheshire AC	25:07
28	367	John Gornall	Chester Tri	26:25

<u>U15B</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Vale Royal	378.Arun Dight	18:02
	18 points (5,6,7)	379.Alex Doyle	18:06
		384.Oliver Waring	18:10
2nd	Halton & Frodsham	373.Chris Larkin	17:22
	26 points (3,11,12)	375.Lauchlan Stanier	19:01
		374.Jacob Birtles	19:06
3rd	West Cheshire AC	398.Evan Roberts	17:01
	28 points (1,13,14)	397.Ethan Greenland	19:20
		395.Jac Goodall	19:22
	4.Vale Royal "B"-38pts	5.Crewe & Nantwich-42pts	
	6.West Cheshire AC "B"-60pts		

**U15 Girls**

Pos.	No.	Name	Club	Time
1	517	Lauren Ferris	Warrington AC	14:51
2	512	Caitlin Dimmick	Vale Royal	15:09
3	520	Melissa Boyer	Warrington AC	15:37
4	515	Lauren Goddard	Warrington AC	15:44

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5	521	Issy Clarke	West Cheshire AC	15:54	
6	509	Alexa Mctiffin	Sale Harriers Manchester	15:56	
7	508	Emily Lowery	Macclesfield Harriers & AC	16:15	
8	510	Esme Bridge	Vale Royal	16:20	
9	511	Georgina Denham	Vale Royal	16:31	
10	519	Isabelle Trevithick	Warrington AC	16:32	
11	516	Amy Gibbons	Warrington AC	17:30	
12	502	Sarah Dufour-Jackson	Crewe & Nantwich	17:38	
13	503	Annabel Bruger-Goring	Crewe & Nantwich	17:57	
14	500	Elizabeth Stafford	Boalloy	18:11	
15	514	Georgia Moreton	Vale Royal	18:34	
16	522	Elizabeth McMahon	West Cheshire AC	19:20	
17	513	Phillippa Miles	Vale Royal	19:49	
18	507	Abigail Cook	Macclesfield Harriers & AC	21:22	
19	505	Abi Aspinall	Knutsford Tri	23:18	
<u>U15G Club</u>				<u>Athletes</u>	<u>Time</u>
1st	Warrington AC		517.Lauren Ferris	14:51	
	8 points (1,3,4)		520.Melissa Boyer	15:37	
			515.Lauren Goddard	15:44	
2nd	Vale Royal		512.Caitlin Dimmick	15:09	
	19 points (2,8,9)		510.Esme Bridge	16:20	
			511.Georgina Denham	16:31	

**U13 Boys**

Pos.	No.	Name	Club	Time
1	573	Samuel Evans	Warrington AC	9:29
2	545	Alfie Bould	Crewe & Nantwich	9:56
3	575	Jordan Jones	Warrington AC	9:57
4	584	Sonny Dean	West Cheshire AC	10:10
5	568	Edward Pettitt	Vale Royal	10:12
6	585	Jack Chapman	West Cheshire AC	10:27
7	586	Harper Whitehead	Boalloy	10:28
8	567	Will Mackay	Vale Royal	10:30
9	555	Peter Goodfellow	Macclesfield Harriers & AC	10:36
10	556	Finley Proffitt	Macclesfield Harriers & AC	10:41
11	583	Siôn Roberts	West Cheshire AC	10:54
12	576	Lucas Hayes	Warrington AC	10:58
13	558	Sam Heyworth	Sale Harriers Manchester	11:07
14	563	Aaron Doyle	Vale Royal	11:07
15	577	Harvey Tegg	West Cheshire AC	11:10
16	564	Charlie Fawkes	Vale Royal	11:11
17	574	Toby Abbott	Warrington AC	11:21
18	546	Peter Selby	Crewe & Nantwich	11:23
19	565	Morgan Gray	Vale Royal	11:30
20	551	Shaun Jones	Crewe & Nantwich	11:35
21	581	Charlie Potts	West Cheshire AC	11:36
22	543	Ben Laxton	Crewe & Nantwich	11:44
23	580	Adam Howe	West Cheshire AC	11:45

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24	570 Ted Smiles	Vale Royal	11:46
25	566 Alex Gregory	Vale Royal	11:53
26	559 Matthew Selvin	St Helens Sutton AC	11:54
27	553 William Denfhy	Crewe & Nantwich	11:54
28	579 Liam Farrell	West Cheshire AC	12:00
29	571 Lewis Stanley	Vale Royal	12:06
30	557 Leo Thomas	Macclesfield Harriers & AC	12:13
31	544 Matthew Kenyon	Crewe & Nantwich	12:23
32	572 Sam Washington	Vale Royal	12:27
33	552 Daniel Bayes	Crewe & Nantwich	12:27
34	578 Matthew Douglass	West Cheshire AC	12:30
35	541 Jack Farrell	Boalloy	12:38
36	562 Alfie Dexter	Vale Royal	12:40
37	569 Ethan Sephton	Vale Royal	12:53
38	542 Robert Hillerby	Crewe & Nantwich	13:07
39	561 John Booher	Vale Royal	13:39
40	550 Ben Basten	Crewe & Nantwich	14:22
41	560 Michael Gornall	Unattached	16:28

<u>U13B</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Warrington AC 16 points (1,3,12)	573.Samuel Evans 575.Jordan Jones 576.Lucas Hayes	9:29 9:57 10:58
2nd	West Cheshire AC 21 points (4,6,11)	584.Sonny Dean 585.Jack Chapman 583.Siôn Roberts	10:10 10:27 10:54
3rd	Vale Royal 27 points (5,8,14)	568.Edward Pettitt 567.Will Mackay 563.Aaron Doyle	10:12 10:30 11:07
	4.Crewe & Nantwich-40pts	5.Macclesfield Harriers & AC-49pts	
	6.West Cheshire AC "B"-59pts	7.Vale Royal "B"-59pts	
	8.Crewe & Nantwich "B"-80pts	9.Vale Royal "C"-86pts	
	10.Crewe & Nantwich "C"-111pts	11.Vale Royal "D"-112pts	

**U13 Girls**

Pos.	No.	Name	Club	Time
1	453	Lara Crawford	Sale Harriers Manchester	10:38
2	465	India Hayes	Warrington AC	11:04
3	451	Sian Heslop	Macclesfield Harriers & AC	11:08
4	449	Stephanie Moss	Macclesfield Harriers & AC	11:23
5	450	Lauren Robinson	Macclesfield Harriers & AC	11:25
6	447	Shona Williams	Macclesfield Harriers & AC	11:26
7	475	Eve Duret	West Cheshire AC	11:39
8	440	Katie Adkins	Crewe & Nantwich	11:42
9	441	Madeleine Goodman	Crewe & Nantwich	11:46
10	438	Ellie Grinnell	Crewe & Nantwich	11:49
11	464	Lucy Smith	Vale Royal	11:53
12	463	Holly Smith	Vale Royal	12:02
13	469	Jessica Sholl	Warrington Tri Club	12:09
14	461	Cerys Pilliner	Vale Royal	12:13

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15	460 Neve Maddock	Vale Royal	12:29
16	436 Elayna Proudmore	Boalloy	12:33
17	443 Katie Holding	Crewe & Nantwich	12:33
18	437 Hattie Rigby	Boalloy	12:35
19	452 Scarlett Whittaker	Sale Harriers Manchester	12:46
20	470 Hollie Jones	West Cheshire AC	12:57
21	448 Alex Horne	Macclesfield Harriers & AC	13:03
22	444 Abby Watling	Halton & Frodsham	13:04
23	442 Jessica Nelson	Crewe & Nantwich	13:15
24	468 Charlotte Stokes	Warrington AC	13:20
25	459 Ellie Lock	Vale Royal	13:24
26	445 Isla Bellamy	Halton & Frodsham	13:25
27	474 Molly Jones	West Cheshire AC	13:26
28	457 Holly Dooley	Vale Royal	13:31
29	477 Marcie Lewis	Crewe & Nantwich	14:11
30	476 Mollie Smith	West Cheshire AC	14:25
31	446 Skye Marsh	Halton & Frodsham	14:57
32	456 Izzy Davies	Vale Royal	16:00
33	455 Lydia Davies	Vale Royal	16:49

<u>U13G</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Macclesfield Harriers & AC 12 points (3,4,5)	451.Sian Heslop 449.Stephanie Moss 450.Lauren Robinson	11:08 11:23 11:25
2nd	Crewe & Nantwich 27 points (8,9,10)	440.Katie Adkins 441.Madeleine Goodman 438.Ellie Grinnell	11:42 11:46 11:49
3rd	Vale Royal 37 points (11,12,14)	464.Lucy Smith 463.Holly Smith 461.Cerys Pilliner	11:53 12:02 12:13
	4.West Cheshire AC-54pts	5.Vale Royal "B"-68pts	
	6.Crewe & Nantwich "B"-69pts	7.Halton & Frodsham-79pts	

**U11 Boys**

Pos.	No.	Name	Club	Time
1	402	Isaac Tait	West Cheshire AC	7:28
2	381	James Doorbar	Macclesfield Harriers & AC	7:32
3	373	Liam Prestwich	Crewe & Nantwich	7:34
4	401	Dylan Bugg	West Cheshire AC	7:37
5	382	Thomas Roberts	Macclesfield Harriers & AC	7:38
6	390	James Lanni	Vale Royal	7:43
7	372	Jacob Aston-O'Donavan	Crewe & Nantwich	7:46
8	388	Lewis Gray	Vale Royal	7:48
9	386	Dylan Carney	Vale Royal	7:58
10	398	Ethan Butler	West Cheshire AC	8:00
11	384	Ted Bolton	Unattached	8:02
12	378	Harrison Aspinall	Knutsford Tri	8:09
13	394	Aiden Perkins	Warrington AC	8:11
14	397	Kitt Baker	West Cheshire AC	8:15
15	403	Callum Bishell	Knutsford Tri	8:18

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16	399 Zak Edwards	West Cheshire AC	8:22
17	379 Eddie Mills	Macclesfield Harriers & AC	8:22
18	396 Henry Robinson	West Cheshire AC	8:25
19	385 Flynn Loftus	Vale Royal	8:26
20	376 Tyler Davies	Crewe & Nantwich	8:30
21	374 Henry Sandland	Crewe & Nantwich	8:31
22	393 Wiliam Bainbridge	Warrington AC	8:50
23	387 Wilf Dight	Vale Royal	8:53
24	383 William Waterhouse	Unattached	8:58
25	375 Jake Wilson	Crewe & Nantwich	9:02
26	377 James Ker	Crewe & Nantwich	9:06
27	392 Liam Waring	Vale Royal	9:09
28	380 Alexander Moss	Macclesfield Harriers & AC	9:23
29	389 Daniel Houghton	Vale Royal	9:33
30	391 Dylan Rice	Vale Royal	9:54

<u>U11B</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	West Cheshire AC	402.Isaac Tait	7:28
	15 points (1,4,10)	401.Dylan Bugg	7:37
		398.Ethan Butler	8:00
2nd	Vale Royal	390.James Lanni	7:43
	23 points (6,8,9)	388.Lewis Gray	7:48
		386.Dylan Carney	7:58
3rd	Macclesfield Harriers & AC	381.James Doorbar	7:32
	24 points (2,5,17)	382.Thomas Roberts	7:38
		379.Eddie Mills	8:22
	4.Crewe & Nantwich-30pts	5.West Cheshire AC "B"-48pts	
	6.Vale Royal "B"-69pts	7.Crewe & Nantwich "B"-72pts	

**U11 Girls**

Pos.	No.	Name	Club	Time
1	29	Ashley Nemits	Warrington AC	7:43
2	28	Maya Evans	Warrington AC	8:04
3	14	Sasha Mctiffin	Sale Harriers Manchester	8:06
4	33	Molly Wormald	Warrington AC	8:08
5	39	Lucia Pyne	West Cheshire AC	8:22
6	23	Kate Sherry	Vale Royal	8:23
7	38	Holly Weedall	West Cheshire AC	8:28
8	10	Lauren Taylor	Knutsford Tri	8:33
9	11	Eme Noakes	Macclesfield Harriers & AC	8:35
10	1	Clarissa Rigby	Boalloy	8:36
11	9	Lottie Wood	Halton & Frodsham	8:37
12	13	Olivia Herron	Sale Harriers Manchester	8:39
13	31	Eva Ferris	Warrington AC	8:43
14	36	Imogen Pughe	West Cheshire AC	8:51
15	41	Jessica Wood	Halton & Frodsham	8:57
16	8	Megan Holding	Crewe & Nantwich	9:03
17	35	Annabel Sholl	Warrington Tri Club	9:07
18	34	Jasmine Jones	Warrington AC	9:11
19	32	Maisie Bell	Warrington AC	9:12

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20	40 Abigail Cartwright	West Cheshire AC	9:13
21	24 Anna Smiles	Vale Royal	9:15
22	30 Isobel Houghton	Warrington AC	9:18
23	21 Imogen Kennedy	Vale Royal	9:23
24	16 Faye Conboy	Vale Royal	9:25
25	3 Katie Burrows	Crewe & Nantwich	9:30
26	5 Roisin Selby	Crewe & Nantwich	9:32
27	18 Elizabeth Gregory	Vale Royal	9:33
28	15 Hermione Mason	Sale Harriers Manchester	9:34
29	4 Charlotte Nelson	Crewe & Nantwich	9:44
30	25 Isobel Walker	Vale Royal	9:53
31	27 Charlotte Parker	Vale Royal	10:09
32	26 Cassie Rushe	Vale Royal	10:12
33	22 Cadi Pears	Vale Royal	11:16
34	20 Laura Hudson	Vale Royal	11:16
35	6 Natasha Ujen	Crewe & Nantwich	12:35

<u>U11G</u>	<u>Club</u>	<u>Athletes</u>	<u>Time</u>
1st	Warrington AC 7 points (1,2,4)	29.Ashley Nemits 28.Maya Evans 33.Molly Wormald	7:43 8:04 8:08
2nd	West Cheshire AC 26 points (5,7,14)	39.Lucia Pyne 38.Holly Weedall 36.Imogen Pughe	8:22 8:28 8:51
3rd	Sale Harriers Manchester 43 points (3,12,28)	14.Sasha Mctiffin 13.Olivia Herron 15.Hermione Mason	8:06 8:39 9:34
	4.Warrington AC "B"-50pts 6.Crewe & Nantwich-67pts 8.Vale Royal "C"-96pts	5.Vale Royal-50pts 7.Vale Royal "B"-81pts	